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Alasdair Smith  
McTimoney Chiropractic

3<sup>rd</sup> July 2009

Dear Alasdair

Re: Testimonial

Further to my visits to your surgery for treatment on my back. I write to thank you and give a Testimonial to your service.

I was struggling as I have for a number of years with a painful aching back following some gardening. My son James had picked for his 21<sup>st</sup> Birthday celebration a family weekend at Alton Towers. Other than Oblivion and some other rides which are scary anyway, the thought of being thrown around on rides filled me with fear (due to my difficulty in moving and bending).

Your treatment eased my pain and restored full movement back to me (for a man of my age) which resulted in a great weekend. Creating memories that will stay with us always.

I will in future follow your recommendation of maintenance visits to ensure I do not slip back into bad posture etc.

Thank you and best regards

Terry Roffey